



PROGRAM

International Student Conference

**SPORT ACTIVITIES & REHABILITATION
IN
CONTEMPORARY SOCIETIES**

2nd edition

Duplex hybrid event

Physical venues:

Vives University of Applied Sciences, Belgium

&

"1 Decembrie 1918" University of Alba Iulia, Romania

Virtual venue:

Zoom platform

Official opening 10:00 AM (Brussels time), 25 May 2022

(Romania time zone)

11:00 – 11:15

Opening speech – GUEST SPEAKERS

ALEXANDRU Mureșan^a & CODRUTA Bulduș^b

^aPresident of the Romanian Olympic Academy - Cluj branch

^bSecretary of the Romanian Olympic Academy - Cluj branch

Perspectives of Olympic Education in School

PHYSICAL EDUCATION & SPORT PANEL

CHAIRWOMAN

CODRUȚA Negriu Tiuca

Lecturer, „1 Decembrie 1918” University of Alba Iulia, Romania

11:15 – 11:30

Keynote speaker

ANGEL-ALEX Hăisan

Lecturer, „1 Decembrie 1918” University of Alba Iulia, Romania

Physical education during pandemic times

11:30 – 11:40

TODOR Cucea

*Student „1 Decembrie 1918” University of
Alba Iulia, Romania*

*The Effect of Emotional Stress on
Competitiveness*

11:40 – 11:50

NICOLETA CRISTINA Truța

*Student „1 Decembrie 1918” University of
Alba Iulia, Romania*

*Awareness of the Importance of Physical
Education Activities by Parents of Preschool
Children*

11:50 – 12:00

ANDREEA-MARIA Olariu

*Student „1 Decembrie 1918” University of
Alba Iulia, Romania*

*Feminism in the Romanian Football
Phenomenon*

12:00 – 12:10

ANCA Marina

*Student „1 Decembrie 1918” University of
Alba Iulia, Romania*

*Emotional intelligence, perceived self-
efficacy and job satisfaction in pre-
university PE teachers*

12:10 – 12:20

IOAN ANDREI Sfetcu

*Student „1 Decembrie 1918” University of
Alba Iulia, Romania*

*Discipline Development Through Physical
Activities*

12:20 – 12:30

DILARA Kelesa & MURAT Tekin^b

*^a Student & ^b Professor at Karamanoğlu
Mehmetbey University, Turkey*

*The Effect of Kick Boxing Sport on Cognitive
Processes and Attention Level*

12:30 – 12:45

Guest speaker

DALINA Borcan

Director of Happy Faces Camp

Good practices in rural Romanian communities

30 minutes coffee break

KINESIOTHERAPY PANEL

CHAIRMAN

MIRCEA-NICOLAE Ordean

Lecturer, „1 Decembrie 1918” University of Alba Iulia, Romania

13:15 – 13:30

Keynote speaker

TOM Madou

Lecturer, VIVES University of Applied Sciences, Belgium

Learning basic life support using reciprocal peer learning

13:30 – 13:40

IONELA-AURA Miclea

*Student, „1 Decembrie 1918” University of
Alba Iulia, Romania*

*Emotional Intelligence - The Relationship
Between Parents and Children*

13:40 – 13:50

IULIA GABRIELA Bordea

*Student, „1 Decembrie 1918” University of
Alba Iulia, Romania*

Student’s Walk Evaluation

13:50 – 14:00

ANDREEA Nistor

*Student, „1 Decembrie 1918” University of
Alba Iulia, Romania*

*The Impact of Online Schooling on the
Posture and Psyche of High School Students*

14:00 – 14:10

DENISA Muntean

*Student, „1 Decembrie 1918” University of
Alba Iulia, Romania*

*“Galileo” Apparatus and Muscle Mass
Increase*

14:10 – 14:20

BOGDAN CRISTIAN Tima

*Student, „1 Decembrie 1918” University of
Alba Iulia, Romania*

Iliopsoas muscle and Back Pains

14:20 – 14:35

Guest speaker

IULIA GABRIELA Onac

Vice president of the Maria Beatrice NGO

*International Collaboration with Academic and Health Entities – A Powerful Catalyzer on
Research and the Quality of Medical and Therapy Services*

14:35 – 14:50

Closing speech

SORIN Șimon

*Director of the Department of Physical Education and Sport
„1 Decembrie 1918” University of Alba Iulia, Romania*