



„1 December 1918”  
University  
of Alba Iulia



Research  
Center for  
Physical  
Education,  
Sport &  
Kinesiotherapy

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## **PROGRAM**

### **International Student Conference**

# **SPORT ACTIVITIES & REHABILITATION IN CONTEMPORARY SOCIETIES**

Hybrid event

Physical venue: Veliko Tarnovo, Bulgaria

Virtual venue: Zoom platform

(<https://zoom.us/j/94430823859>) – click to follow

Official opening 10:00 AM, 28 May 2021



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**10:00 – 10:10**

**welcoming speech on behalf of the organizing committee**

**ANGEL-ALEX Hăisan**

*Director of the Research Center for Physical Education, Sport & Kinesiotherapy  
„1 Decembrie 1918” University of Alba Iulia, Romania*

**PHYSICAL EDUCATION & SPORT PANEL**

**10:15 – 10:30**

**Keynote speaker**

**CRISTINA MARIA Man**

*Lecturer, „1 Decembrie 1918” University of Alba Iulia, Romania  
Design of performance training during pandemic times*

**CHAIRWOMAN**

**ADELA Neamțu-Popescu**

*Assist. Prof., „1 Decembrie 1918” University of Alba Iulia, Romania*

**10:30 – 10:40**

**MARIELA Nikolaeva Nikolova**

*Development of university sports  
during pandemic times  
“St. Cyril and St. Methodius” University  
of Veliko Tarnovo, Bulgaria*

**10:40 – 10:50**

**XHESJANO Bani**

*Critical phases of coordination  
development and relationship with  
motor learning – a review  
“Aleksandër Xhuvani” University of*

*Elbasan, Albania*

**10:50 – 11:00**

**HATICE MIRAY Al**

*Participation of girls in sports - a study  
in the context of the socioecological  
approach  
Ege University of Izmir, Turkey*

**11:00 – 11:10**

**ȘTEFAN Moroșanu & VLAD TEODOR  
Grosu**

*Improving motor skills and physical  
capabilities through yoga*



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*“Babes-Bolyai” University of Cluj-  
Napoca, Romania  
Technical University of Cluj-Napoca,  
Romania*

**11:10 – 11:20**

**MIHNEA-GABRIEL** Cozma

*Technology in contemporary volleyball  
„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**11:20 – 11:30**

**PAUL-ALEXANDRU** Pătruțiu

*Childhood games and their relevance in  
contemporary society  
„1 Decembrie 1918” University of Alba*

*Iulia, Romania*

**11:30 – 11:40**

**ANDREEA-IONELA** Țetcu

*Influence of the environment on the  
opinion regarding the practice of  
physical activities*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**11:40 – 11:50**

**MARIA-MIRABELA** Zsido

*Psychological training of handball  
referees*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**11:50 – 12:10**

**Workshop Maria Beatrice Center**

**Occupational Therapist VERONICA** Roșu & **Kinesiotherapist ALINA** Florea

*Cerebral palsy – trunk control & improvement of posture*

**KINESIOTHERAPY PANEL**

**12:15 – 12:30**

**Keynote speaker**

**SABINE** Goeminne

*Lecturer, VIVES University College, Belgium*

*Start to swim: a new learning line in swimming education in Flanders, Belgium*

**CHAIRWOMAN**

**PETRONELA LĂCRĂMIOARA** Hăisan

*Assist. Prof., „1 Decembrie 1918” University of Alba Iulia, Romania*

**12:30 – 12:40**

**IOANA-CĂTĂLINA** Cifrea

*The schoolbag, factor of influence in*

*pupil’s life*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*



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**12:40 – 12:50**

**CORINA-DORINA David**

*The need of kinesiotherapists in  
Romanian schools*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**12:50 – 13:00**

**MARIUS-IULIAN Drăgan**

*Recovery of joint ankle stiffness,  
secondary to malleolar fractures*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**13:00 – 13:10**

**MARIA-COSMINA Ghioanca**

*The impact of intermittent fasting on*

*the body*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**13:10 – 13:20**

**OFELIA-ELENA Păsărea**

*The importance of kinesiotherapy and  
massage in circulatory diseases*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**13:20 – 13:30**

**EUGENIA Procopii**

*Postural deficiencies of persons  
employed in multinational companies*

*„1 Decembrie 1918” University of Alba  
Iulia, Romania*

**13:30 – 13:40**

**closing speech**

**ANGEL-ALEX Hăisan**

*Director of the Research Center for Physical Education, Sport & Kinesiotherapy*

*„1 Decembrie 1918” University of Alba Iulia, Romania*